

# Laurie Morse

CREATIVE HEALER - ACUPUNCTURIST  
ARTIST - LIFESTYLE DESIGNER - AUTHOR



## ABOUT LAURIE

Laurie Morse, the founder of Sacred Health Academy and best-selling author of "Reverse Heart Disease Naturally ~ The Woman's Guide to Not Die before Your Time", has a Master's Degree in Traditional Chinese Medicine and is the Directory of Holistic Health Services in San Diego, California...a 25 year private practice dedicated to support Wholeness (however imperfect), through natural medicine.

She weaves various combinations of energy medicine, acupuncture, herbal therapy, hormone therapy, nutrition therapy, together with spiritual disciplines, Quantum Qi breath-work, metaphysics and Creative Health Programs, to awaken cellular intelligence and HEAL. She holds a degree in Art and the Creative Process as well as being a Certified Intentional Creativity Teacher.

Before entering the field of Integrative Medicine, Laurie spent well over a decade in the corporate worlds of finance and management. There she embedded into her professional foundation Organizational Development, Teamwork, Corporate Culture, and Management by Objectives.

This balance of two contrasting career paths has shaped Laurie into a grounded, yet spiritually-oriented, artist, healer, teacher, speaker, and writer, enabling her to successfully work with women to naturally claim her birthright of health.

She considers herself a guide on the journey, often walking with a woman over the 'bridge' from where she currently is, to where she needs to be to prevent health and heart problems in order to thrive in the second half of life. She reminds each woman of the inborn golden treasure in her heart and helps her mine that gold. Which happens to be creative alchemy!

## SERVICES OFFERED

- THE SACRED HEALTH ACADEMY
- CREATIVE HEALTH PROGRAMS
- PRIVATE MENTORING
- RETREATS

## SPEAKING TOPICS

- 1: The State of Your Divine Union
- 2: Getting a Grip on Nutrition & Movement
- 3: Cohesion in the Mind
- 4: Is Your Heart Broken? The emotional terrain of Heart Health
- 5: Creative Health to the Rescue
- 6: 7 Steps to Thriving in the Second Half of Life

## CONTACT DETAILS

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Website/Social Media

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<https://www.facebook.com/Creating-Sacred-Health>